

CHIEF REPORT

K'we Dear Lennox Island Families,

This July proved to be a really different month for Lennox Island in that our Annual St. Anne's Sunday Celebration was cancelled because of the continuing threat of Covid 19. Last month we rolled out our plans for the event that would incorporate a safety plan that would allow us to celebrate in a different safe way if there were no outbreaks of covid on PEI. Unfortunately, with the outbreak of Covid and having active cases in the province it was decided that we would have to cancel the event to ensure that our families were not put at unnecessary risk. Because we were planning the event up to the week before, staff were planning their vacation/staycations and looking forward to a much-needed break. An idea was generated from staff to do donations and fundraisers to help support our Church as that is a big part of why we work hard to host a day of activities that are community based but also raise money to help with the costs of operations, maintenance and repairs for the St. Anne's Church! The Staff came up with a number of ideas and settled on the options to either donate personally or use vacation time or do fundraisers or they could decide not to participate and work the week if they chose to. The staff raised more then \$7000 for the Church and I want to thank them on behalf of the community for their generous gift! There is a misperception that our staff were "off" for 4 months, this is absolutely not the case. We were all working from home and many of us were working long hours to get our work done while responding to the unprecedented circumstances of Covid and the total uncertainty of where that was all going. Working from home presented many challenges, it was not fun and many reported higher levels of stress and challenges of being at home, and the isolation of being away from our extended families and friends was not easy for anyone.

We know that Covid 19 is not over yet and I assure you that we are working on plans to respond to the second wave in meaningful helpful ways that will enhance our ability to support our families in the event that there is an outbreak of Covid in the fall and winter. We have worked really hard to successfully secure substantial resources so that we were able to roll our support to all our families on and off reserve for the first wave, this in itself is unprecedented as we have been always blocked by restrictive rules etc. set by government. We fully intend to approach the second wave in the same inclusive way I believe that going forward, the discussion will not be about shutting everything down, it will be about what can stay open safely. Masks will become mandatory in enclosed spaces where social distancing is not possible so, let's make wearing masks a fashion statement! So many cool ones out there and our elders were busy making masks for all our families, so if you didn't get one let us know and we will get it to you!! Whatever comes, we will get through it together!

Our view and belief that we must do everything we can to erase colonial lines that only serve to divide us is why we must now always consider our community as a big family, made up of a bunch of unique and wonderful smaller families that are all over the place but still have strong connections to our lands and people. Actioning this ideology will add to our Strength and growth as a strong Mi'kmaq Nation.

Since last year, the Council has been vetting ideas to utilize the Minigoo Fisheries Plant. We have had a lot of interest and compliments for our little state of the art fish plant and we worked hard to ensure that whatever we do with the plant it has to be able to address debt, be relatively low risk and create meaningful employment opportunities for our people.

After months of due diligence, the Band Council is pleased to announce that we will be leasing the plant to the PEI GOURMENT POTATOES!! We will be signing a 2-year lease agreement that will allow us to generate own source revenues and will also give us a small stake in the company. There are 13 jobs available to community members once the business becomes operational in late fall. After the 2 years, if all goes as planned, an expansion and a new lease and stakeholder agreement can be negotiated if the Band wants to continue to work and build this business with our partners. We will be changing the signage of Minigoo Fisheries to Minigoo Industries as we are expecting to rest the space upstairs as offices to local businesses etc.



1 Photo credit: Jennifer Banks

To Submit

UPCOMING:

Birthdays/New Babies
Anniversaries/Weddings
Program Updates
Stories Events Notices

Please Contact:

Mary Ann Lewis - Communications &
Technical Support Staff Person
Phone: (902)831-2711
Cell: 902-439-5372
Email: kwimu.admin@lennoxisland.com
Facebook: Kwimu Messenger

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Chief's Report Continued

I am very happy to see the new playground be completed at the school. It's wonderful for our children to have a new and bigger playground in the heart of the community!!! We moved the old one to the Sacred Grounds near the harbour so that parents can easily keep an eye on the kids during our gatherings there! We encourage all our families to use this area to picnic and walk along the shore and just look out at the stunning vistas that surround our beautiful island! We are so blessed to live here!!! All everyone wants is for this area especially, to be respected, so don't leave anything behind after your time there!

During the month we have heard many complaints and people being angry at us because adults are speeding and kids are driving four wheelers in areas that they shouldn't or ripping up the ground etc. I want to make it very clear, that you as a responsible citizen in our community must report all this stuff to the RCMP and make a formal report. They will investigate all complaints and take required action. As parents and adults, we are responsible for our own behaviour and that of our children. So, if we are giving them these machines, we are responsible as the parents to ensure that they are using these gifts safely and respectfully. I love that the kids have access to so many great things, but they need to be safe and they need to be responsible and respectful. It is on you, if you are speeding around and cause an accident, it is on you, if your child is roaring around unsafely and causing damage to community property and sometimes private property. I just want everyone to be safe, respectful and kind, so please slowdown in the community and parents please talk to your kids, let them know we all love them and we want them to have fun, but they also have to think about others and not take unnecessary chances where they could be hurt, hurt someone else or damage property!

On another note, the City of Charlottetown will be posting Mi'kmaq Pjila'si (Welcome) signs at all points of entry to the City! Can't wait to see them and I hope that we keep with the momentum and see more and more Mi'kmaq Signage in our beautiful province!

On behalf of the Council, Congratulations to this years 2020 Canada Day recipients of the Citizen and Youth of the Year Awards, Rob Augustine and Keely Dyment!

With the hard work done to flatten the covid curve, the opening of the Atlantic Bubbles, and very few active cases, now is the time to visit and catch up with family and friends in a new normal kind of way. Again, the fall and winter will bring a second wave so we have to prepare ourselves for whatever that will look like.

Enjoy the rest of your summer, take care, stay safe!!

Love, Chief Darlene, xo

L'nuey Launches Juku'e – Podcast Series



The following is distributed by L'nuey



For Immediate Release

Charlottetown, PEI – 30 July 2020

L'nuey Launches Juku'e – A Podcast Series Focused on Current Matters in the Mi'kmaq Community

When L'nuey – the Epekwitk (PEI) Mi'kmaq Rights Initiative - was established, the Epekwitk Mi'kmaq made it clear that communication and transparency were some of their highest priorities for this new organization.

Then came COVID-19.

"We needed to find ways to engage the community in our work and to seek their input as we move forward – while navigating unique challenges that prevent the hosting of traditional community sessions," said Jenene Wooldridge, Executive Director at L'nuey. "We needed to build on our established approaches and social media channels and figure out how to deliver complex content in interesting ways – which has led us to launch Juku'e."

On July 21, 2020, L'nuey launched "Juku'e" - a podcast series focused on current issues and matters pertaining to the Mi'kmaq community of Prince Edward Island.

Juku'e, a common expression in Mi'kmaq which simply means 'come here', is a suitable phrase for L'nuey's podcast. Much as a Mi'kmaq elder would invite someone to talk and impart knowledge, the "Juku'e" series is a call to action to 'come here' to find information related to important issues and matters. As part of an effort to bring Mi'kmaq culture back into focus, linking Mi'kmaq language to our initiatives is paramount.

Over time, L'nuey hopes Juku'e will become a frequented place to find information and discussions surrounding Treaty Rights, Reconciliation, Negotiations, Consultations, Governance Development, and Mi'kmaq history on PEI, among other topics. This public platform also provides an opportunity for the general public to learn more about the initiatives of L'nuey and the Epekwitk Mi'kmaq.

L'nuey means 'Belonging to or pertaining to the Mi'kmaq People as a whole', and its tagline doubles as its mission, 'Moving towards a better tomorrow'. Community knowledge and involvement is crucial to the collective success of the Epekwitk Mi'kmaq, and will ultimately drive the work of L'nuey now, and for generations to come.

For Juku'e podcast episodes, visit: anchor.fm/lnuey

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For further information contact:

Sean Doke: sdoke@lnuey.ca or 902.330.4420



What's Happening Now in PEI—Phase #4

Residents and visitors can now enjoy more indoor and outdoor activities by responsibly following public health measures, including frequent hand washing, physical distancing, wearing a mask indoors when physical distancing is not possible, and respecting other public health guidance.

Phase #4 started June 26th, 2020

Many businesses, workplaces and government services have reopened with extra safety precautions and physical distancing measures in place. All businesses and organizations are different and must have their own operational plans readily available and in place to keep people safe.

Larger organized gatherings limits such as sports and recreation, day camps, weddings, funerals, burials and worship services are allowed with **no more than 50 people indoor or outdoor**.

- An operational plan is required;
- **Physical distancing** must be maintained with individuals who are not part of one's household;
- **Wear a non-medical mask** of face covering indoors when physical distancing is not possible;
- For facilities (indoor or outdoor) with separate rooms or large spaces that can accommodate more than one gathering at a time, multiple gatherings **up to a maximum of 100 people**, may be held, provided:
 - Groups are kept separate;
 - **Multiple gatherings guidance** is followed: and
 - Operational plans are completed and approved for multiple gatherings involving 50 or more people.

Gathering Guidance – Phase 4

Personal gatherings limits remain at 15 people indoors and 20 people outdoors. During phase #1, residents were allowed to extend their household unit by one or two members in order to provide closer contact and support.

Organized recreational activities and facilities – Larger organized recreational gatherings (e.g. lessons, classes, sports) are taking place with physical distancing and other public health measures in place, including:

Cinemas, Swimming pools; hot tubs and outdoor spas; Arenas and recreational centres; Bowling alleys; Gyms and fitness facilities; Yoga and pilates studios; Sport facilities; Recreation classes and lessons

Retail and personal services The following are businesses and services that are permitted to reopen with the necessary public health measures in place.

Retail outlets; Greenhouses and nurseries; Construction, maintenance and repair services; Cleaning and restoration services; Extermination and pest control; Car washes; Bottle depots; Hairdressers, barbers, and pet grooming; Salons and spas; Tattoo and piercing studios

Public Spaces - Art galleries; Libraries; Museums; Youth centres and community centres

Health Care services and providers - Dental practices may schedule elective treatment and procedures with priority on urgent and emergency care. Hygienist are returning.; Chiropractors, registered massage therapists, acupuncturists and acupressurists; Physiotherapy and occupational therapy; Optometrists and opticians; Foot care providers; Naturopaths

All non-urgent health care services permitted; continued transition to delivery of non-urgent healthcare services with COVID-19 surge capacity maintained and monitoring of PPE supplies and use.

Long-term care - With enhanced controls, scheduled indoor and outdoor visits are permitted at public long-term care facilities and most private homes.

Accommodations, dining and entertainment - Indoor dining and service at food premises, breweries, cideries and wineries permitted with a limit of 50 persons inside, and additional persons on patio; no buffet style.; Golf course; camp grounds; hospitality homes; inns; bed and breakfasts

Child care - Unlicensed and licensed child care centres and day camps have reopened.

Public services – The majority of provincial government sites and services are now open during offices hours with some restrictions and exceptions.

Education – Planning for fall 2020

VLTs and Casinos

Public Health Guidance

The following is public guidance for all phases of Renew PEI Together:

- Stay informed, be prepared and follow public health advice
- Wash your hands often with soap and water for at least 20 seconds; if not available, use a hand sanitizer that contains 60% - 80% alcohol
- Stay home when ill and call 811 promptly if experiencing symptoms of COVID-19
- Maintain physical distancing of 2m (6ft) with individuals who are not part of one's household
- Wear a non-medical mask or face covering indoors when physical distance is not possible
- Don't touch your face with unwashed hands
- Cough or sneeze into a tissue or your sleeve, and wash your hands directly after
- Adhere to personal and organized gathering limits
- Ensure enhanced cleaning and disinfection of commonly touched surfaces
- With employer's support, continue working from home and encourage others to do the same
- Continue to use online, home delivery, and curbside pick-up shopping options where available
- People from different households can carpool or share drives if physical distancing is maintained, or if it cannot be maintained, a non-medical mask is recommended
- Vulnerable individuals should exercise caution and minimize high-risk exposure situations
- Avoid interaction with immune-compromised and vulnerable populations
- Limit personal non-essential travel
- Keep a log of interactions to self-monitor and to facilitate contact tracing should a case be detected.



Published date: July 17, 2020

Information found on: <https://www.princeedwardisland.ca/en/information/health-and-wellness/whats-happening-now-pe-phase-4>



Community Health Nurse Update

Hi everyone,

COVID-19 has not gone away and will be back. Please keep practicing the steps below to protect you, your family and the whole community. On another note the hurricane season has already started and Isaias is travelling north. Always be prepared with a 3-day supply of water, non-perishable food, medications you may need, a flashlight, extra batteries, and supplies for babies. Stay safe everyone.

Charlene Palmer, CHN

Take appropriate precautions and avoiding high-risk settings and situations will help to keep you and your loved ones safe from COVID-19.

1. Know how to seek testing and care and when to stay home:
 - If you develop symptoms, even if mild, stay home and keep away from others.
 - If you have symptoms or think you have been exposed to the virus, contact your Doctor, NP or call 811 to be guided safely to testing and care.
 - Protect vulnerable family, friends and contact by finding virtual ways to connect and support those who are at higher risk for severe outcomes.
2. Know how to go out more safely (for those with no symptoms and no recent exposure to COVID-19, including no non-essential travel outside of Canada):
 - Practice physical distancing by keeping 2 metres away from others.
 - Wash your hands often with soap and water or carry a Health Canada approved hand sanitizer
 - Cover your coughs and sneezes with a clean tissue or your sleeve.
 - Wear a non-medical mask or face covering any time there is closed spaces, crowded places or close contact:
 - Indoors, in public spaces
 - Outdoors, where you can't keep physical distance of 2 metres
 - As directed by your local public health/authorities
3. Know how to avoid high-risk settings/situations:
 - Avoid or strictly limit time spent in the 3 Cs of high-risk setting/situations, particularly if public health measures like physical distancing and frequent cleaning/disinfection are not being well maintained.
 - Closed spaces with poor ventilation
 - Crowded places with large numbers of people gathering
 - Close contact where you can't keep 2-metres physical distance from others
 - For times when you can't avoid high risk activities/settings/situations, you can reduce your risk by wearing a non-medical mask or face covering, keeping 2-metres distance from others as much as possible, and cleaning your hands often.

By increasing our COVID-19 know-how and avoiding high-risk setting/situations as much as possible, Canadians can keep transmission low and minimize the impact of COVID-19 in Canada – for us, for our families, for everyone. For more information visit <https://www.canada.ca/en/public-health/news/2020/07/information-and-resources-on-covid-19-epidemiology-and-reducing-your-risks-for-infection-and-spreading-the-virus.html>

Doctor's Appointments

If you have a scheduled appointment with a specialist please confirm before going and if you can't make it please call to cancel. Call the Health Centre for assistance, if you are unable to reach the specialist.

Regular Doctor's appointments are still happening over the phone for now, but there are times they may need to bring clients to the clinic to be seen. No clinics in Lennox Island for now. We will update you if anything changes.

If Dr. Montgomery is your Doctor of you do not have a family doctor you can call 902-831-5800 for an appointment with him or Gurbir Martin NP. You will be given a time that they will call you.

Prescription Refills

If you just require a refill on a medication you have been using on a regular basis, call your pharmacy and they can fax the prescriptions you require to the Doctor and you will not need to see the Doctor or NP at this time.

COVID-19 testing at the Cough and Fever Clinic

If you develop COVID-19 symptoms, including new onset fever, new or worsening cough, sore throat, runny nose, sneezing, congestion or unusual fatigue, you should call your family physician or nurse practitioner. If you do not have a family physician or nurse practitioner or are unable to reach them, call 8-1-1. You can use the self-assessment tool to guide you to when to call which is located online at:

<https://www.princeedwardisland.ca/en/service/self-assessment-covid-19>.

Health Emergencies

If you have a health emergency please contact 911 or go to the nearest emergency department. If it is not life threatening you can call your Doctor, Nurse Practitioner or 811 for advice.

Footcare

We have been talking with our footcare nurse and are looking into guidelines on how we can safely offer clinics. We will be in contact with clients as soon as we can offer this service again.



Non-Insured Health Benefit Information/Update

Non-Insured Health Benefits Liaison Update

Kim Guimond, NIHB Liaison for the Lennox Island Health Centre will be in the Summerside & Charlottetown offices from 10am to 2pm on the following days for the month of August to assist the Lennox Island First Nation "Off-Reserve" Band Members with Medical Transportation and other Non-insured Health Benefits (NIHB) questions or concerns.

- **Summerside – August 5th, 2020**
- **Charlottetown – August 12th, 2020**
- **Summerside – August 19th, 2020**
- **Charlottetown – August 26th, 2020**

Please Note:

Due to Covid-19 there will be "NO Drop Ins" at this time but if you need to meet with me, please call me on my cell 902-439-3157 or call any of the MCPEI offices as I will need to give you an appointment time in order to meet with you on these days.

MCPEI – Summerside – 1-902-436-5191

MCPEI – Charlottetown – 1-902-626-2882

Also, the dates for the month of September will be posted at a later date.

Thank you! Kim Guimond

Lennox Island First Nation (HEALTH CENTRE)

Medical Carrier's Contact Information

Name	Cell #	House #
Kate Arsenault	902-888-8983	
Tabatha Bernard	902-315-0076	
Tracy Day	902-439-1806	
Patsy Gavin	902-303-7262	
Kim Guimond	902-439-3157	
Rhonda Joseph	902-598-8186	
Mike Labobe	902-439-6390	
Tanya Lewis	902-439-6186	
Charlotte Morris	902-439-5059	
Mary Sark	902-439-6067	902-831-2575
Alan Ramjattan	902-439-2822	902-831-3200

Non-Insured Health Benefits (NIHB)

August 2020 Update

Pharmacy Benefit Information

New pharmacy benefit listings

- NIHB now covers 3 Voltaren Emulgel products for treatment of back, muscle or joint pain. Eligible products listed in the NIHB drug benefit list are covered without prior approval, up to 100 grams per month.
- NIHB recently listed triamcinolone hexacetonide, a steroid used to reduce swelling caused by a variety of health conditions including allergies, asthma or rheumatoid arthritis
 - The program now covers both injectable forms of the medication, triamcinolone hexacetonide and triamcinolone acetate, as open benefits.

Coverage of non-prescription pharmacy benefits recommended by pharmacists

- NIHB now accepts a pharmacist's recommendation for coverage of any eligible non-prescription 'over-the-counter' pharmacy benefit
- To be eligible for coverage, the item must be listed on the NIHB drug benefit list and within the pharmacist's scope of practice to recommend or prescribe
- Previously, NIHB had a selected list of non-prescription items that could be recommended by a pharmacist. That list is no longer in effect, and is replaced by this new policy.

New dose limit for gabapentin

- For client safety, NIHB has changed the dose limit for coverage of gabapentin to 3600 milligrams per day, to a maximum of 30 days
- Pharmacists should call the Drug Exception Centre if a client reaches the dose limit

Medical Supplies and Equipment Information

New Coverage for oral digital thermometers

- During the COVID-19 pandemic, oral digital thermometers are listed as an open benefit with a price limit of \$25 and a replacement guideline of 1 per 5 years
- Thermometers are covered with a prescription from a physician or a nurse practitioner, or a written recommendation from a registered nurse or a pharmacist

Reminder: coverage of electric breast pumps

- Electric breast pumps are a limited use benefit and prior approval is required for coverage. Criteria for coverage can be found in the MS&E guide and benefit lists
- During the COVID-19 pandemic, electric breast pumps may be covered for purchase (instead of rental), once every 3 years at a maximum price of \$275.00

Increased coverage for some communication and respiratory benefits

- NIHB recently changed frequency guidelines for selected voice restoration products and supplies. Prior approval is required and the new frequency guidelines are:
 - Puncture dilator: 1 per year
 - Gel cap insertion system: 1 per year
 - Plug insert: 2 per year
 - Flushing device: 1 box per year
 - Cleaning brush: 2 boxes per year
 - Gel cap: 1 box per year
- The replacement guideline for inlet filters has increased to 14 filters per year
 - Inlet filters are used with home positive airway pressure (PAP) devices and are covered as open benefits

NOTICES

LENNOX ISLAND HEALTH CENTRE NOTICE TO COMMUNITY MEMBERS

AUGUST 5TH, 2020

Re: Health and Social Hours

The Lennox Island Health Centre is opened with limited capacity due to COVID-19 as well as our renovations. We want to ensure safety of our community members as well as for our staff.

- Telephone lines will still be answered from 8:30AM to 4:00PM Monday to Thursday and 8:30AM to 12:00PM on Fridays.
- Please call (902) 831-2711 to book appointment with our Community Health Nurse or any other staff as there are no drop-in appointments at this time.
- Cheques (I.e. Income Assistance, Medical Transportation) will be prepared and delivery will start at 9AM on Thursdays

Mental Health Sessions:

- Mental Health sessions are available Monday to Friday. Please call (902) 831-2711 between 8:30 AM to 4:00PM to leave a message for Stacey Bishop.

TMAWEY INC. Hours

MONDAY	8:30am -4:00pm
TUESDAY	8:30am -4:00pm
WEDNESDAY	8:30am -4:00pm
THURSDAY	8:30am -4:00pm
FRIDAY	8:30am -4:00pm



Jordan's Principle Lennox Island - Update August 2020 – Case Manager Nicole Gorrill

During the coronavirus pandemic, Jordan's Principle continued to help First Nations children living in Canada access the products, services and supports they needed, I would like to take this opportunity to thank everyone for their patience and understanding during these difficult times. As everyone begins to adjust to this new way of living, I look forward to continuing my work, helping families navigate and seek supports/services their child(ren) require through Jordan's Principle.

Respite Update:

Starting next week, we will be going back to the original way of doing respite before the COVID-19 changes occurred. This means we will be starting back up with the weekly submission of respite papers that will require the signatures of both the respite worker and the parent/guardian. The dates will run each week from Wednesday – Tuesday, with the forms being due Wednesday before 12 noon to guarantee payment on Thursday. For example, next week the dates will be August 5-11. The forms will be due Wednesday, August 12 for payment Thursday, August 13. For anyone needing respite forms, I will be back in the office full time starting August 10, if you need to see me please call the office to book an appointment; 902-831-2711, hours are from Monday – Thursday 8:30AM to 4:00PM and Fridays 8:30AM to 12:00PM.

New Eligibility Update:

On November 29th, 2019, the Federal Court issued a ruling in response to 2 motions relating to the Canadian Human Rights Tribunal ruling on compensation for First Nations children and families. Some of you may have seen on July 17th, 2020, the tribunal had asked the Government of Canada and the parties involved to consult together and bring back the tribunal by October 19th, 2020 the 1) possible additional eligibility criteria to further clarify the definition of First Nations child in relation to Jordan's Principle and 2) a mechanism to identify citizens or members of First Nations in regards to Jordan's Principle eligibility.

At this time, Indigenous Services Canada is in the process of reviewing the ruling, with more information to come. As information becomes available to me from the Regional Focal Points, I will be posting on the Lennox Island Health Centre Facebook page, as well as the Kwimu Messenger so everyone is up to date with the latest information.

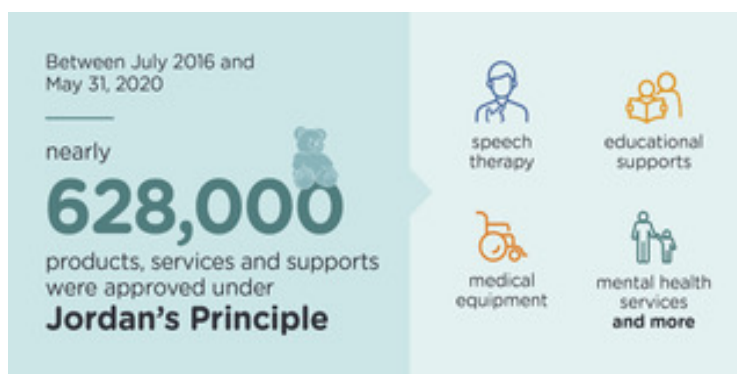
Current Eligibility:

A child under the age of majority in their province or territory of residence can access Jordan's Principle, if they permanently reside in Canada and are:

- A First Nations child registered under the *Indian Act* living on or off reserve
- A First Nations child entitled to be registered under the *Indian Act* including those who became entitled to register under the amended provisions of the *Indian Act* under Bill S-3
- An Indigenous child, including a non-status First Nations child who ordinarily lives on reserve

If you, or someone you know, could benefit from the supports Jordan's Principle could offer, please feel free to contact me. I would be more than happy to answer any questions you may have or provide additional information regarding Jordan's Principle.

Nicole Gorrill – Case Manager (Lennox Island)
902-598-8195
Nicole.gorrill@lennoxisland.com



PEI Back to School Plan 2020



BACK TO SCHOOL PLAN 2020

Students, staff and anyone visiting the school will be required to follow good hygiene practices

On the Bus

Drivers will clean seats and commonly touched surfaces following their morning and afternoon shifts.

In the Classroom

In all classrooms, each class will be provided with materials for students to clean/disinfect their desk/table space at different intervals throughout the day. Students will be instructed on how to do this appropriately.

In some cases, classrooms will host students from different cohorts (e.g. high school classes, intermediate/elementary specialist, resource, etc.). In these cases, each class will be provided with materials for students to clean/disinfect their desk/table space prior to leaving the classroom. Students will be instructed on how to do this appropriately.

The sharing of materials will be kept to a minimum. When possible, students will have their own supplies to reduce the sharing of materials.

When students are using shared materials (such as textbooks or play-based learning materials for younger children), they must wash hands or use sanitizer after use. The shared item will also be disinfected following each use.

Additional cleaning staff will be hired to implement enhanced cleaning practices.

In the Hallway

Hand Sanitizer will be available at the following locations:

- Hallways, water stations
- Entrances/exits
- Main office
- Visitor zone
- Other areas as needed (e.g. gym)

Existing sinks within the school will remain as designated handwashing stations.

Water fountains will remain closed, but water filling stations will be open and students will be encouraged to bring a water bottle from home. Increased cleaning will occur at water filling stations.

Enhanced cleaning measures

- frequent hand washing
- if hands are visibly soiled, hand washing requires soap and water,
- cough/sneeze into your elbow or tissue and throw away,
- avoid touching your eyes, nose and mouth with your hands,
- use alcohol-based hand sanitizer if soap and water are not readily available.



BACK TO SCHOOL PLAN 2020

Health measures are in place to limit the spread of COVID-19 and to help contain the virus if a student or staff becomes sick.

Keeping schools safe



CONTACT TRACING AND ATTENDANCE

- Student, staff and visitor attendance will be logged daily.
- Parents must notify the school if their child is absent. Schools will follow up if the student is absent for more than five days.

WEARING MASKS

- Students in K-6 may wear a non-medical mask inside school facilities when physical distancing cannot be maintained.

- Students in Grades 7-12 are strongly recommended to wear non-medical masks at school when physical distancing cannot be maintained.
- Staff in all schools are strongly recommended to wear non-medical masks at school when physical distancing cannot be maintained.
- Staff who work with medically complex children may wear shields and gloves as personal protective equipment, when needed. Consultants providing direct service where physical distancing is difficult will also wear shields.



PRE-SCREENING

- Parents, students and staff will be asked to screen for any symptoms every morning. All staff, students and visitors will be asked to stay home if they are feeling unwell.
- Students, staff and parents who have traveled outside the region as per current public health guidelines must notify the school and follow direction from the Chief Public Health Office.

For more information visit: PrinceEdwardIsland.ca/BackToSchool



BACK TO SCHOOL PLAN 2020

Parents and caregivers will play an important role in helping children return to school.

Information for PARENTS



SELF-ASSESSMENT/ SCREENING

- Self-screening for COVID-19 symptoms is important. Children will need to remain home until they are free of any symptoms
- If your child is absent, it is important to alert the school. Report any symptoms of COVID-19.
- Your school principal will contact parents weekly by email



PICKING UP/ DROPPING OFF/ VISITING

- For children who walk, bike or get a drive to school, there will be a scheduled time and specific entrance.
- Parents are to remain in their cars at drop off or pick up and staff will direct children when it is their time to enter the school.
- Visitors will be limited. Schools will have a visitor zone in their main entrance and unless an emergency, visitors will not be allowed past that zone.
- All visitors will have to sign in and out, including a COVID-19 declaration form.

HELPING CHILDREN ADAPT

- Teach and practice proper hand hygiene, social distancing and wearing a mask at home.
- Young children should be practicing zippers, getting dressed for outside, blowing their noses and tying laces
- Most important, have a positive attitude about back to school plans when around children – they lead by example.



For more information visit: PrinceEdwardIsland.ca/BackToSchool

For more information visit: PrinceEdwardIsland.ca/BackToSchool

Keeping schools safe

TRAFFIC FLOW IN SCHOOLS

- All arrivals and departures of students and staff will be staggered
- Cohorts of students will enter through different entrances and go to a designated cohort area.
- Transitions of classes will be planned to ensure that multiple classes are not occupying the same area
- Shared spaces will only be accessed when needed

SHOWING SYMPTOMS AT SCHOOL

If a staff or student shows symptoms while at school:

1. They must get picked-up or leave school immediately
2. They will be asked to wear a non-medical mask and self-isolate away from others
3. They must call 811 to arrange testing
4. All areas used by the individual will be cleaned immediately.

PHYSICAL DISTANCING

- When possible, students will work in cohorts or small groups of the same students.
- All unnecessary materials will be removed from classrooms to maximize physical learning space and to ease the cleaning process. Students will be educated on the importance of providing distance between students, and hand washing.
- Signage will be posted throughout the school to ensure everyone understands the need to practice physical distancing.
- Additional staff will be hired to support physical distancing and the safety of students and staff.



POSITIVE CASE WITHIN A SCHOOL

The Chief Public Health Office will investigate the case and work with school authorities to identify close contacts, create isolation measures and provide follow-up recommendations. Public Health Nursing will contact the parents of each child who has been identified as a close contact.

Staff, students and parents will be notified when there has been a positive case linked to their school community and this will be publicly announced as soon as the individual has been notified of their test result.

If a student is required to self-isolate they will be supported by staff to continue learning at home.



BACK TO SCHOOL PLAN 2020

The ideal environment for teaching and learning is when students are in-class with trained staff. Students will return to school with new health measures in place.



KEEP YOUR SCHOOL SAFE

- Increase hand washing and sanitizing
- Keep a small social circle and track who you spend time with
- Cover your coughs and sneezes
- If you feel sick at school let a staff member know
- Stay in your own cohort
- Wear a mask when you cannot physical distance

SCHOOL ACTIVITIES AND EVENTS

- School events and activities will follow public health guidelines
- Intramurals will follow the public health guidelines and cohorts will be used
- Student committees are encouraged to plan virtual events
- School sports will be paused during the beginning of the school year until plans are finalized
- Before and after school related activities will be paused during the beginning of the school year
- There will be no off-island student travel, until further notice

BACK TO SCHOOL PLAN 2020



LOCKERS AND MATERIALS

- Bring a labelled water bottle and a non-medical mask
- Pack light - avoid bringing many items from home
- Locker time will be limited
- Do not share food or personal items with your friends

RIDING THE BUS

- Practice physical distancing at bus stops
- Wash your hands before and after riding the bus
- Face forward in your seat
- You are encouraged to wear a mask
- If you feel sick stay home from school

CLASSES AND LEARNING

- Music classes and band programs will continue with some restrictions in place
- Trade courses will continue following all public health guidelines
- Libraries will quarantine items for 72 hours
- Physical education courses will be outdoors as much as possible and will use minimal equipment



CAFETERIA AND HALLWAYS

- Lunch and recess times will be staggered
- Follow signs in the hallways
- Stay in your cohort and keep your distance from others



For more information visit: PrinceEdwardIsland.ca/BackToSchool

CELEBRATIONS

August 2020

Aug 3rd – Sadie Mitchell

-Happy Birthday to my cuz/bff Sadie Mitchell! Love Sheila
-Happy Birthday Sadie! Love Cindy & Daren

Aug 3rd – Margaret Sark

-Happy Birthday to my Godmother Margaret Sark! Love Sheila
-Happy Birthday Auntie Margaret! Love yah bunches, Sadie

Aug 3rd – Happy Birthday to Ethan Campbell! Love Dad, Mom & Family!

Aug 3rd – Happy Birthday to my husband John Charles Saulnier! Love you bunches and have an awesome day young man! Love Barbara

Aug 4th – Happy Birthday to my son, Chris Ellsworth! Wishing you the best day! Love Mom

Aug 20th – Happy Birthday to my partner Frank Bernard! Wishing you a very great day! Love Jackie Gallant

Aug 25th – Cindy Sark

-Happy Birthday to my sister Cindy! Love yah, Sheila
-Happy Birthday Cindy! From Darn & Darryllynn! Love you!

-Happy Birthday to my granddaughter Drew! Love Yah bunches from Nanny Sadie

-Happy Birthday goes out to my daughter Lillian! Love yah Bunches!

-Happy Birthday Issac! Love yah bunches! From Auntie Sadie

-Happy Birthday Daddy! Love Aubree

-Happy Birthday to our son Mike Day! Love Mom & Mike

-Happy Birthday to godfather Gordie! Love Aubree, grammie & popa

July 2020

July 22nd – Happy Birthday to Edwin Campbell! Love Dad, Mom and Family!

HAPPY ANNIVERSARY WISHES

Aug 26th - Happy Anniversary to my Wife Geraldine Di Julio Love Nevin

MI'KMAQ

Words/Phrases of the Month

My big sister – Nmis

My big brother – Nsis

My little sister – Nkwe'ji'j

My little brother – Njiknam

My man/husband – Nji'nmim

My woman/wife – Nte'pitm

Have a story idea, community notice or birthday wishes?

Please Contact: Mary Ann Lewis

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***Facebook Search "Kwimu Messenger".**

Please add as friend. Submissions can be received via inbox.